Manchester & District Time Trials Association

"promoted for & on behalf of Cycling Time Trials under their rules & regulations"

2022 10 mile series ( 3 events )

( incorporating the )

**2022 M & D T T A Juvenile & Junior Championships**

(Also incorporating the )

**Bioracer Kudos Series Event 1**

**Start Sheet for event No 1 Saturday 5th March 2022**

Course J4/20. Headquarters - **Allostock Village Hall** - **Chapel Ln, Allostock, Knutsford WA16 9LP**

**The Village Hall is located off the main A50 London Road**

**First rider off at 2-02pm**

**All Qualifiers in the Championship Receive Association Medals**

The championship is open to riders of all clubs affiliated to the M&DTTA

**Timekeepers Event No 1**

**START: Tony Millington FINISH: Martin Jackson**

Minimum Prize List for event. (One rider one prize except for teams)

**Seniors 1st £30.00 2nd £25.00 3rd £20.00**

**Ladies 1st £30.00 2nd £25.00 4th £20.00**

**Juniors 1st £20.00**

**Juveniles 1st  £20.00**

**Team £20.00 each (3 riders)**

**Vets Std 1st £20.00**

**Fastest Vet £20.00**

**Event Secretaries:-**

**Event No1: 5th March - David Clayton, 117 Thirlmere, Macclesfield, Cheshire, SK11 7YJ.**

**Tel: 07879 602821**

**Event No2: 12th March - Paul Ekgren, 12 Lodgeside Close, Droylsden, M43 7QZ.**

**Tel: 0161 371 9390**

**Event No3: 19th March - David Clayton, 117 Thirlmere, Macclesfield, Cheshire, SK11 7YJ.**

**Tel: 07879 602821**

**J4/20 – 10 - miles**

**START - On Moss Lane (Byley) adjacent to far gate post at first field gate on left after**

**Lowes farm shop. Proceed Eastwards to:-**

**A50 Cranage. Turn left and straight on to :- 1.616 miles**

**Toft Corner 6.817 miles**

**Left on the B5081 via Smithy Green and Lower Peover to the Finish**

**(about 100 yds before Wash Lane) 10.006 miles**

**NO PARKING AT START OR FINISH OTHER THAN TIMEKEEPER VEHICLES, NO MATTER HOW BRIEF.**

**Toft Corner You must not swing wide to negotiate this corner and you must come of your “Tri Bars” failure to do so will result in disqualification from the event and you may be reported to the District Committee for Further Disciplinary Action**

**It is approximately 3 miles to the START from HQ**: turn right onto Princess Road, then right on Wash Lane to Middlewich Road. Turn left and over the Motorway bridge to the crossroads at the Three Greyhounds inn. Head straight across onto Byley Road and then, after around 1 mile, left into Moss Lane where you will find the start after Lowes Farm. **After FINISH retrace to HQ**: turn immediately left into Wash Lane, then left into Princess Lane and Left into Chapel Lane to HQ.

**Bioracer Series** - General rules for road bike entries:

* No Tri bars, clip ons, or aero extensions to be used
* Hands must be on the handlebars/brake hoods at all times, ie no forearms resting on the bars
* Maximum wheel depth, 65mm.
* No visors, no ear covering crash hats, including the Aerohead.

**NOTE: Racing on Time trial bike is still allowed (but not as part of Bioracer series)**

**Medium Gear**: On a 72" Gear the machine will travel 18ft 10.25 inches with one revolution of

the cranks. Gears must be stopped down if you are not riding fixed wheel. Gears must be checked

at H.Q. before collecting your number.

**Before Collecting Numbers----All competitors MUST SIGN ON and SIGN-OFF when returning it, Failure to do so will result in that rider being classified as DNF**

**Local Regulations**

No Parking in Start or Finish Areas other than Timekeeper and Officials

**Warnings:**

**Care at Junctions**

Riders must exercise care at all junctions. Any competitor whose riding line causes him/her to cross THE WHITE LINE when approaching or leaving a junction will be liable to disqualification and may be reported to the district committee for further disciplinary action.

A competitor who swings out to the right before executing a left turn should ensure that the road behind is clear of traffic before doing so. The practice is not encouraged by the District Committee and competitors who ride in this manner are warned that in many circumstances this manoeuvre will be regarded as a contravention of regulation 47(i), (iii), (v).

**No U Turns**

Riders must not perform U turns in the vicinity of the start or finish of the event. Riders observed performing U turns will be reported to the District Committee who will consider disciplinary proceedings.

**Safe riding**

Riding with your head down such that you do not have a good view of the road ahead is dangerous - please watch out for potholes, obstacles, and other road users. Marshalls do not have the authority to control other road users, so please take care.

**Helmets (**CTT Reg 15) Note change to rule re: All competitors

**All competitors** must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard as detailed in CTT Reg 15.

**Lights**

Rear light. CTT Reg 14(i) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

**Front Light.** CTT Reg 14(j) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine a working front white light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

**Other notes**

**A competitor overtaking another must pass without receiving or giving shelter. The onus of avoiding company riding shall be upon the rider overtaken. (CTT Reg 21)**

**COVID PRECAUTIONS**

CTT has issued a document “Covid-19 Risk Assessment 09 08 21”. If you haven’t already read this, please download from the CTT website and read carefully <https://www.cyclingtimetrials.org.uk/documents/index/covid-19> . These are the key messages: -

* **Competitors should not attend if they feel ill in ANY way especially if they or family members have any symptoms.**
* The Village Hall building will be ventilated as well as possible and we advise all those entering the HQ be sensible regarding keeping a safe distance from one another.
* Please follow government guidelines on handwashing/sanitising.
* We recommend no changing at the HQ, please come dressed ready to ride.
* No assisted push-off. The M&DTTA have decided to continue to ask riders to set off unassisted from the Start timekeeper. Do not cross the start point until you get the signal from the timekeeper.
* We will be offering HQ catering and a Results board.
* Do not approach the timekeepers or any other officials.

**Ensure that you review the Risk Assessment at time of signing on!**

**HQ Contacts on the Day** David Clayton 07879 602821